



BULLYING CONTRACT

We students of St. Mary's School agree to work together to stop bullying in our school.

Bullying is defined as intentionally aggressive behaviour that can take many forms (verbal, physical, social/relational/emotional, or cyber bullying— or any combination of these; it involves an imbalance of power, and is often repeated over a period of time. The bullying can consist of one child bullying another, a group of children ganging up against one lone child, or one group of kids targeting another group. Common behaviours attributed to bullying include put-downs, name calling, rumours, gossip, verbal threats, menacing, harassment, intimidation, social isolation or exclusion, and physical assaults.

We believe that no student deserves to be bullied and that every student regardless of race, colour, religion, nationality, size, gender, popularity, athletic, academic, or social ability, or intelligence has the right to feel safe, secure, and respected.

I _____, of class _____ agrees to:

- ✓ Treat other students with kindness and respect.
- ✓ Not engage in acts of verbal, relational, or physical bullying or cyber bullying.
- ✓ Be aware of the school's anti-bullying policies and procedures.
- ✓ Abide by the school's anti-bullying policies and procedures.
- ✓ Support all parties who have been effected, these include bystanders, those committing acts of bullying and those effected by acts of bullying.
- ✓ Speak out against verbal, relational, and physical bullying and cyber bullying.
- ✓ Notify a parent, teacher, or school administrator when bullying does occur.
- ✓ Be a good role model for other students.

Student's signature: _____ Parent's signature: _____

Thanks

Date: _____

Br. William D'Souza

